

[www.granitenet.com.au](http://www.granitenet.com.au)

GraniteNet News JUNE 2011

## ARE YOUR KIDS SAFE ONLINE? K9 CAN HELP!

K9 is a Web filter that determines where the computer user can go inside your Web browser. It is the best controller for limiting what sites do not get accessed on your computer.

One uses K9 in conjunction with other antivirus, anti-spam or firewall products from vendors such



### NIGHTGUARD -

An Excellent Web Block Parental Control In addition to enabling you to allow or block Web access during certain times of the day, K9 Web Protection offers NightGuard — a convenient way to block all Web access during certain times of the day or night. For example, using NightGuard, with a few clicks you can disable all Web access between 10 p.m. and 7 a.m. every day.

Not only does K9 protect your children or grandkids from inappropriate websites, **it also protects everyone from malicious websites that intentionally install viruses on their computers.**

K9 Web Protection can also prevent you from booting up your computer to a virus.

K9 replaces parental control solutions from AOL, MSN and others: and K9 Web Protection is free. For further information visit their website at <http://www1.k9webprotection.com/>

## POD CAST RADIO

For those who have been keeping up-to-date with the goings on at [granitenet.com.au](http://granitenet.com.au) you may have noticed some interesting additions. On Friday, 6th of May Volunteer Mitchell Drake uploaded the first of many episodes of the GraniteNet Podcast (Called GraniteNet Engage for the time being). The podcast features some "local" musicians and an opinion behind them, but there will be interviews and community events to come!



A podcast is a series of digital media files (either audio or video) that are released episodically and often downloaded through web syndication. This means you can "subscribe" to a podcast and have it automatically download to your computer every time an episode comes out! This Podcast can then be listened too on the computer, synchronised to an iPod or MP3 device or sent to a mobile phone so you may listen to it whenever you wish!

The GraniteNet Podcast is a "Community Podcast", this means that any member of the community can submit content for the podcast and essentially have their own voice! If anyone wants to put forward any content it's always welcomed! (\*subject to approval.)

Any Submissions, please submit to [engage@gmail.com.au](mailto:engage@gmail.com.au) or simply bring in a CD/DVD to 15 Hilton Street!

To see this and all future pod cast's, visit: <http://www.granitenet.com.au/podcast>

## NEWSLETTERS AHOY!

Many people on the GraniteBelt missed their printed Newsletter last month in our effort to reduce costs. If you missed out on your copy, then go to:

<http://www.granitenet.com.au/newsletters/> and you can view all of our past and current newsletters online.

What you may not know is we also have a separate electronic newsletter, and you can also sign up at the same location.



## DO YOU HAVE SOMETHING TO SAY?

This July, we encourage anyone with an opinion to write about it, and tell the community what you think! Drop into GraniteNet or call and make an appointment to setup your very own blog or personal web page, and have your say about anything you want! <http://www.granitenet.com.au/people>

*PLEASE NOTE: that only personal, non-profit topics are allowed on the People section of GraniteNet.*

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Must be willing to:-

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- ◇ Blue Card (working with children card) and
- ◇ Study for Certificate III in Children's Services.
- ◇ Professional Development opportunities provided

For more information, please call 4681 2670

**ENGLISH SPEAKING LESSONS**—Contact Marion 46810665 **When:** Every Monday 10:30am & Tuesday 10:00am **Where?** 15 Hilton St

**EVANGELICAL COMMUNITY CHURCH**—Contact 46852981 **When:** Every Sunday 9:30am **Where?** 15 Hilton Street.

**YMCA GYM CIRCUIT**—  
[www.stanthorpe.ymca.com.au](http://www.stanthorpe.ymca.com.au) Contact: 46812411  
**When:** Every Monday 9:00am **Where?** YMCA Hall

**YMCA STEP/PUMP**— [www.stanthorpe.ymca.com.au](http://www.stanthorpe.ymca.com.au)  
Contact: 46812411 **When:** Every Monday 6pm / Every Wednesday 9am & 6pm **Where?** YMCA Hall

**YMCA TAI CHI GENERAL**—  
[www.stanthorpe.ymca.com.au](http://www.stanthorpe.ymca.com.au) Contact: 46812411  
**When:** Every Tuesday 5:30pm **Where?** YMCA Hall

**YMCA TAI CHI BEGINNER**—  
[www.stanthorpe.ymca.com.au](http://www.stanthorpe.ymca.com.au) Contact: 46812411  
**When:** Every Thursday 9:30am **Where?** YMCA Hall

**YMCA TAI CHI ADVANCED**—  
[www.stanthorpe.ymca.com.au](http://www.stanthorpe.ymca.com.au) Contact: 46812411  
**When:** Every Thursday 10:00am **Where?** YMCA Hall

**500 CARDS**— Contact: Keith Barnett 46833200  
**When:** Every Wednesday 9am **Where?** Stanthorpe RSL Club

**WHISTLE STOP—GARDEN DAY**— Contact Carol (07)46813553 **When:** Every Thursday from 8am to 3pm **Where?** Stanthorpe Railway Site

**LADIES BOWLS**— Contact The summit Bowls Club for more information on 46832366. **When:** Every Thursday 1pm **Where?** The Summit Bowls Club

**SLIMMERS MEETING**—Contact Sue Boyce 0417 836 225 **When:** Thursdays 4:30pm **Where?** Baptist Church Hall, cnr. Hillcrest & Railway Streets.

**TOASTMASTERS MEETING**— Contact 46836252  
**When:** Bi-Monthly Thursdays 7:15pm 9th & 23th  
**Where?** Learning Centre, McGlew St.

**MENS BOWLS**— Contact The summit Bowls Club for more information on 46832366. **When:** Every Saturday 1pm **Where?** The Summit Bowls Club

**Log-on to :**  
[www.granitenet.com.au](http://www.granitenet.com.au)  
**For all community events this Month!**

*\*Please note that the YMCA is not hosting Zumba Classes as previously stated.*

**Pursiah's Empire**  
**Belly dance classes**  
It's lots of fun - come and give it a go!

Every Monday  
CWA rooms, Victoria St, Stanthorpe

Beginners 5.15-5.45pm - \$3  
Choreography 5.45-6.45pm - \$5

**For more info phone Leah on 07 4683 6252**

Mention this ad to receive a free beginner's session for you and a friend.

**APPLE COMPUTERS**  
**Tuition:**  
Apple computer tuition \$25 an hour  
**Contact michael@granitenet.com.au**

A proud supporter of GraniteNet



Email: admin@greglanyonfs.com.au  
Telephone: 07 4681 2363  
Facsimile: 07 4681 0512



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WELLBEING

*lighter footprints...*

**You are invited**

to a

**Wellbeing & Yoga Work-  
shop**

**Saturday 18th June 2011**

Enjoy a relaxing, engaging, informative day and be gently guided through techniques and tips to incorporate relaxation & wellbeing into your daily life.

**Theme for this workshop is:**

**"Awareness of mind, emotion & body to self-soothe & strengthen"**

Facilitator & presenter Helen Ferrier & Guest Yoga Instructor Maree Taylor

- No prior experience of yoga required
- Book early—places are limited to a small group of 12.
- Cost is \$100/person (includes morning tea, materials & delicious vegetarian lunch) 10% discount if you've attended a Mallow Wellbeing workshop before.

Time : 9.15am (for 9.30am) to 3.30pm

**For bookings or enquiries contact:  
Helen Ferrier**

**RN BN Masters PHC Grad Cert Counselling  
www.mallow.net.au  
07 46836371 wellbeing@mallow.net.au**

15 Hilton Street  
Stanthorpe Qld 4380  
Ph: (07) 4681 4384  
Web [www.granitenet.com.au](http://www.granitenet.com.au)  
Email [contact@granitenet.com.au](mailto:contact@granitenet.com.au)



**Mitchell Drake**

**GN:** Why did you decide to volunteer at GraniteNet?

**MD:** Well, after my final year at Stanthorpe State High, I thought it would be a good idea for me to do something for the community and, as my forte is with technology, I thought GraniteNet would be the best bet!

**GN:** What do you do at GraniteNet?

**MD:** I try to do as much as possible! I'm currently recording and editing the GraniteNet Podcast, Working on any web design that comes my way, teaching people both basic and advanced computer skills as well as repairing and building computers!

**GN:** How much time do you spend at GraniteNet?

**MD:** I try and spend as much time as possible at the "office" if you could call it that. I find I get much more done here than at home.

**GN:** Where would you like to see GraniteNet in the future?

**MD:** Well, firstly I would like to see GraniteNet become quite successful, to the point of being able to hire more people! I would like to see GraniteNet partnered with several organisations (not just in the Stanthorpe area but in Toowoomba and the Darling Downs Region too). I would like to see much more people come in, learn from us, utilise our services and even contribute to the Podcast and the Site as much as they like!

## VOLUNTEERS WANTED



GraniteNet has a number of hard-working volunteers with skills in a number of areas but only so much time! On some days we are all

occupied helping people with their problems.

However we are getting to the stage when we need more persons to help out actually at Hilton Street for half days. This would allow us to plan to be open on more days in the afternoons and on one or more evenings. If you could spare 3-5 hours in a block any weekday, a specific evening or Saturday morning we would love to hear from you.

The most important skill is the wish to help others! Basic skills in computer use would be handy as would valid blue cards so that we can provide more youth-focussed activities.

If you feel you could help please contact us, even if you have done so before with a more restricted role in mind.

(07) 46814384 or you can drop in at any time, or you can email your interest [contact@granitenet.com.au](mailto:contact@granitenet.com.au)

## **FOR SALE**

### COMPLETE DESKTOP COMPUTER



#### **PACKAGE**

Windows XP Home  
17" CRT Monitor  
Canon Colour Printer  
Internet Ready

**\$290.00—(\$150 /w concession)**

Drop in at 15 Hilton street to find out more!

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[contact@granitenet.com.au](mailto:contact@granitenet.com.au)**

## **Vacancies For children 0-12**

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**Family DAYCARE**

*"Keeping the Family  
in child care"*

- Full-time
- Part-time
- Hourly rate
- Choice of qualified educators available
- CCB eligible

**For more information phone:  
(07) 4681 2670**



## **Computer Recycling**

Don't send your old computers to landfill!  
Drop off your used computer parts and equipment to 15 Hilton St.  
**\*Secure data wiping...**